



S.E.D.O.L. TRANSITION CHECKLIST- MH

Obtain Illinois State Identification Card.

Cards can be obtained through the Secretary of State's Driver's License Facilities. I.D. cards need to be renewed every 5 years www.cyberdriveillinois.com (website has form to download under publications tab). Documents needed to obtain a state I.D. include

1. Birth Certificate (original or certified copy)
2. Social Security Card (original)
3. Proof of Residence (letter postmarked within 60 days of application)

Register with Selective Service

All males are required to register within 30 days of their 18th birthday. A man turning 18 is required to register during the period of time beginning 30 days before, until 30 days after his 18th birthday...a 60-day window. You can register online with Selective Service www.sss.gov/RegVer/wfRegistration.aspx

SSI (Supplemental Security Income) Benefits

If a person has a qualified mental illness, they may be eligible for SSI, however it is often difficult to qualify. Call (800)772-1213 to begin the application process. They will send you forms to complete and schedule a personal interview. You may also start this application process online. Do this before you apply for Medicaid.

www.socialsecurity.gov

Medicaid and SNAP Benefits

If you receive SSI benefits you are eligible for Medicaid, but you must complete a separate application. Forms can be downloaded at www.health.illinois.gov/hfs.html or in person at the local DHS office, 2000 North Lewis Avenue, Waukegan, IL 60087 (847) 336-5212. SNAP (Supplemental Nutrition Assistance Program) offers assistance to eligible low income families <https://www.dhs.state.il.us/page.aspx?item=36734>

Medical

Is your young adult still seeing a pediatrician or a child psychiatrist? It is time to consider changing to an "adult" doctor. If your son or daughter has mental health needs, it may also be important to connect with the local county mental health programs and establish connections with therapy resources. Children can be kept on a parent's health insurance policy until they turn 26 years old. When they turn 26, they are obligated to obtain health insurance on their own under the Affordable Care Act. You can get more information at

<https://www.healthcare.gov/>. Another resource to explore is Health Benefits for Workers with Disabilities: <http://www.hbwdillinois.com/>

Explore Transportation Options in your Community.

Some communities have their own dial a ride programs. RTA also offers discounted services for qualified individuals. If you are considering driving there are private options for driving instruction. There are also agencies that can evaluate a person's ability to drive.

Explore Recreation Opportunities in your Community

Many communities have park district programming for adults. Local libraries can also be a great resource.

Register to Vote

An individual may register to vote if they are 18 years or older on the next election day, resides in jurisdiction for 30 days prior to election, and is a U.S. citizen. Illinois' residents may register online, in person at the office of the election authority, at Driver's license facilities, with deputy registrars who are appointed in each jurisdiction, or via mail using the Illinois Voter registration Application.

Investigate Guardianship & Alternatives

Once your child turns 18, the law presumes that they can make any and all decisions regarding their person and finances. Guardianship can be obtained with or without an attorney. Alternatives to Guardianship include: (Powers of Attorney for Health Care, Powers of Attorney for Finances, Rep. Payee for Social Security Benefits, Joint Bank Accounts, Mental Health Treatment Declaration) www.gac.state.il.us

Explore Estate Planning for the Family

Discuss your family's options in the area of Special Needs Trusts with an attorney who specializes in this type of law. Any inheritance your young adult receives could jeopardize SSI and or Medicaid benefits unless it is put into a special trust. The ABLE act of 2014 also allows people with disabilities to establish ABLE savings accounts that are tax free and do not affect eligibility for public benefits (SSI, Medicaid, etc) as long as the total annual contribution to the account does not exceed \$14,000.

Employment

The Illinois Department of Human Services, Division of Rehabilitation Services may provide assistance for people with disabilities looking for jobs and living independently. A DRS worker may become involved in your son or daughter's case as they get closer to leaving the educational system. The local address is: 2740 Grand Ave. Waukegan, IL 60085 (847) 244-8474

Explore Post Secondary Educational Options

Every college has a department that services students with disabilities. You have to register in order to receive accommodations. CLC's department is called the Office for Students with Disabilities, phone: (847) 543-2055.

Explore Community Agencies

The following is a list of agencies to become familiar with. These agencies may offer services to adults with mental health disabilities. Explore churches and food banks within your local community.

Lake County Health Department- Behavioral Health <http://health.lakecountyil.gov/Behavioral/Pages/default.aspx>

Lake County Crisis Care Line (847)377-8088

Independence Center, Waukegan <http://www.icwaukegan.org/>

New Foundations Center, Northfield. <http://www.newfoundationcenter.org/>

PADS Lake County (homeless shelter) (847) 689-4357

NAMI Lake County <http://www.namilake-il.org/>

Zacharius Sexual Abuse Center <https://www.zcenter.org/>

NICASA <http://nicasa.org/>

Catholic Charities <http://www.catholiccharities.net/GetHelp/OurRegions/LakeCounty.aspx>

Thresholds <http://www.thresholds.org/>